



**NOTE: THERE ARE NO CHURCH SERVICES
SCHEDULED AT KUC THIS JANUARY.**

JANUARY is:

- **Alzheimer Awareness Month**
- **Crime Stoppers Month**
- **March of Dimes Month**

NEW YEAR'S QUOTES:

"Take a leap of faith and begin this wondrous new year by believing. Believe in yourself. And believe that there is a loving Source- a Sower of Dreams- just waiting to be asked to help you make your dreams come true." (Sarah Ban Breathnach)

"Your success and happiness lies in you. Resolve to keep happy and your joy and you shall form an invincible host against difficulties." (Helen Kellar)

IT'S BEEN SAID:

I wish you happiness that comes from within, the best of luck to keep you pushing and peace in all days of the New Year. - Gong Xi Fa Cai, Popular New Year song
"JANUARY, The first month of the year,
A perfect time to start all over again,
Changing energies and deserting old moods,
New beginnings, new attitudes"
— Charmaine J Forde



DID YOU KNOW?

The names of the Chinese calendar are repeated every 60 years. Chinese New Year 2020 is 'The Year of the Rat'.

Familial Alzheimer's disease accounts for less than 5% of all cases of Alzheimer's disease.

Depression, stroke and dementia are twice as common in women as in men. Among Alzheimer's patients, 70 per cent are female.

In 1971 it became illegal to import haggis into the US from the UK due to a ban on food containing sheep lung, which constitutes 10 – 15 percent of the traditional recipe.

The most accurate plain English interpretation of the Auld Lang Syne's famous title is 'Old long since', or 'For the sake of old times'.

AULD LANG SYNE:

First verse:

Should auld acquaintance be forgot,
and never brought to mind?

Should auld acquaintance be forgot,
and auld lang syne*?

Chorus:

For auld lang syne, my jo,
for auld lang syne,
we'll tak' a cup o' kindness yet,
for auld lang syne.

UPCOMING EVENTS:

Wednesday, January 1st: New Year's Day

Saturday, January 4th: World Braille Day

Monday, January 6th: Epiphany

Saturday, January 11th: Sir John A. MacDonald Day

Friday, January 24th: International Day of Education

Friday, January 24th: Kinmount Fair Board AGM – Galway Hall

Saturday, January 25th: Chinese New Year

Saturday, January 25th: Robbie Burns Night

Monday, January 27th: International Day of Commemoration in Memory of the Victims of the Holocaust History



CRIME STOPPERS