



**NOTE: THERE ARE NO CHURCH SERVICES SCHEDULED AT KUC THIS FEBRUARY.**

**FEBRUARY IS:**

- Heart Month
- Black History Month

**A THOUGHT TO CONTINUE TO COPE WITH COVID-19:**

As we are under a 'stay-at-home' advisory, here is quote for us all:

**“One, who has health, has hope; and one who has hope, has everything.”**

This quote reminds us to continue to follow all the protocols- wash your hands, wear your mask, practice physical distancing, and stay at home. Do not let your guard down. Please, be safe!

There is a song written and performed in 2020 that compliments this quote. 10 to 1 you have never heard of this song or the group. It is **“Joy of Life” by The O’Reillys & the Paddyhats**. The music genre is Celtic Rock. The O’Reillys & the Paddyhats is an Irish folk punk band from Germany. The band consists of seven multi- instrumentalists.

Here are the words to the chorus:

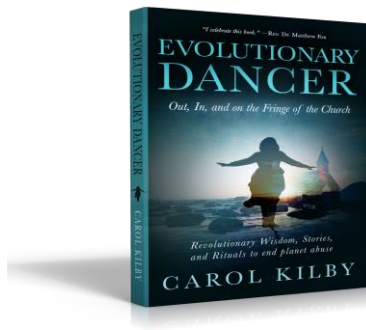
“Where have you been, Joy of Life

This year has been hard on so many down here

Where have you been, Joy of Life

I know that my hope will conquer your fear”

This song can be found on YouTube.



### **CAROL'S NEW BOOK!**

Rev. Dr. Carol Kilby has sent the following information about her new book (pictured above). The book is available in paperback and kindle. Both can be found on Amazon.ca. (On a personal note, the bigger e-book device one uses, the better). Carol is trying to complete the steps with the printer/distributor, "Ingram Sparks". This company makes orders available to the small and big book stores. When this is completed folks can order the book through their local book store of choice. Carol will notify KUC when this option is finalized.

Here is the link to an article that appeared in The Highlander:

<https://thehighlander.ca/2021/01/07/authors-says-its-taken-13-8-billion-years-to-write-book/>.

The interview captured the book's relationship with KUC. In an email, Carol expressed the deep, warm affection for the individuals that make up KUC. She added that she sincerely so valued and respected our caring community of folks and her time with us all and how much she misses that.

Carol also has a new website ([www.carolkilby.com](http://www.carolkilby.com)) where she is posting information, blogs, and events. For example, one event coming up will be Evolutionary Rituals for Ash Wednesday.

### **IT'S BEEN SAID:**

Since cancer knows no boundaries, and individual countries cannot address the challenges of cancer in isolation, a new cooperative approach to research, advocacy, prevention and treatment must be established - Paris Charter

Love looks not with the eyes but with the mind. And therefore is winged Cupid painted blind - William Shakespeare, A Midsummer Night's Dream

In the week immediately before Lent everyone shall go to his confessor and confess his deeds and the confessor shall so shrive him as he then may hear by his deeds what he is to do in the way of penance. - Aelfric of Eynsham, English abbot, circa 1000 A.D

Three things in human life are important. The first is to be kind. The second is to be kind. And the third is to be kind - Henry James

## **DID YOU KNOW?**

Childhood cancers are not common. Less than 1% of all cancer diagnoses in a given year will be for a child under the age of 15

Super Bowl Sunday is the second biggest eating day of the year - after Thanksgiving. A total of 1.38 million chicken wings were eaten during 2019's Super Bowl weekend.

According to the UN, there are about 44,000 radio stations operating around the globe.

According to pulses.org, the first evidence of pulses dates back 11,000 years ago to the Fertile Crescent. This is a region in the Middle East that was home to early human civilizations

The word *shrove* is past tense of *shrive*, a verb meaning to confess and be absolved of sin.

According to the Southern Poverty Law Center, there were over 900 hate groups spread across the U.S in 2019.

The theme for Thinking Day in 2021 is *Peacebuilding*

According to Canadian Institutes of Health Research; about 1 in 3 students in Canada have reported being bullied.

According to EURORDIS.org, there are more than 6000 rare diseases in the world. 80% of them are of genetic origin and are either chronic or life-threatening.

## **COMING EVENTS:**

Tuesday, February 2<sup>nd</sup>: Groundhog Day

Thursday, February 4<sup>th</sup>: World Cancer Day

Saturday, February 6<sup>th</sup>: International Day of Zero Tolerance to Female Genital Mutilation

Sunday, February 7<sup>th</sup>: Rose Day

Sunday, February 7<sup>th</sup>: Super Bowl LV

Wednesday, February 10<sup>th</sup>: World Pulses Day

Thursday, February 11<sup>th</sup>: International Day of Women and Girls in Science

Saturday, February 13<sup>th</sup>: World Radio Day

Sunday, February 14<sup>th</sup>: Valentine's Day

Monday, February 15<sup>th</sup>: National Flag Day

Monday, February 15<sup>th</sup>: Family Day

Tuesday, February 16<sup>th</sup>: Shrove Tuesday

Wednesday, February 17<sup>th</sup>: Ash Wednesday

Wednesday, February 17<sup>th</sup>: Random Acts of Kindness Day

Saturday, February 20<sup>th</sup>: World Day of Social Justice

Sunday, February 21<sup>st</sup>: International Mother Language Day History

Monday, February 22<sup>nd</sup>: World Thinking Day

Wednesday, February 24<sup>th</sup>: Pink Shirt Day

Sunday, February 28<sup>th</sup>: Rare Disease Day